



# Current status of EHES- Greece

The manual of the Greek HES

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# OUTLINE



1. Introduction to the Greek pilot HES *by Valentini Konstantinidou*
2. Sampling procedures *by Philippos Orfanos*
3. Inviting the participants *by Ioulia Goufa*
4. Procedures at the examination sites: questionnaire *by Elisavet Valanou*
5. Procedures at the examination sites: examinations *by Dimosthenis Zilis*
6. Data management and security issues *by Pericles Karathanasis*
7. The manual of the Greek HES *by Androniki Naska*



## Part A: Planning and preparation of the Greek HES



- ✓ To describe procedures related to the undertaking of a full-size HES in Greece, covering a representative sample of the adult population
- ✓ Based on: (a) Tolonen H, Koponen P, Aromaa A, et al.  
*Recommendations for Organizing a Standardized European Health Examination Survey* B22/2008, Publication of the National Public Health Institute, Helsinki 2008 and (b) guidelines available at the EHES website
- ✓ Feedback after exploratory visits to the potential examination sites (downtown Athens and in the city surroundings)
- ✓ The result of a collaborative effort of several HHF team members. Contribution from the Hellenic Statistical Authority in chapters related to survey sampling



# Planning and preparation of the Greek HES



|   |                                  |    |                             |
|---|----------------------------------|----|-----------------------------|
| 1 | Aim and objectives of the survey | 9  | Fieldwork arrangements      |
| 2 | Organization and management      | 10 | National HES laboratory     |
| 3 | Timing of the survey             | 11 | Preparing the survey budget |
| 4 | Target population                | 12 | Training program            |
| 5 | Sample size                      | 13 | Recruitment of participants |
| 6 | Sampling procedures              | 14 | Communication plan          |
| 7 | Legal and ethical issues         | 15 | Quality control             |
| 8 | Measurements                     | 16 | Survey evaluation           |



## Pending issues of the manual



1. Confirm calculations of participation rates (Table 13.1)
2. Update the description of incentives to motivate participation
3. Replace examples of invitation letter and informed consent
4. Typos and editorial corrections
5. Align chapters on data exporting procedures to practice
6. Decide on the age range of the target population
7. Blood glucose levels? Or glucated hemoglobin levels? Or both?