



EPIC study



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EPIC Centres

GREECE

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Hellenic Health Foundation
Athens, Greece
<http://www.hhf-greece.gr/>

Background

The Greek segment of the EPIC study started in 1994, after the successful implementation of a pilot study during 1991—1993. Recruitment of volunteers was completed in 1999. The EPIC-Greece cohort consists of 28 572 adults recruited from all over Greece and representing a broad range of sociodemographic factors.

Data collection was accomplished by means of an interview during a baseline examination in which the following information was recorded: medical and reproductive history, sociodemographic and lifestyle factors, and habitual diet.

Anthropometric data and blood pressure were measured, and blood samples were also collected.

	Males	Females	Number of participants	Percentage of EPIC cohort
Greece	11 953	16 619	28 572	5.48%

Follow-up

The follow-up of study participants, initiated in January 1997, is still in progress and focuses on the update of information on lifestyle factors, including diet, and on the health status of the participants. Due to the lack of a national cancer registry and the country wide nature of EPIC-Greece, information is being collected through interviewer-administered questionnaires or telephone interviews. Reported diagnoses of interest are further ascertained through consultation of medical files in hospitals and clinics all over Greece or, in case of death, through the collection of death certificates from the regional death registries.

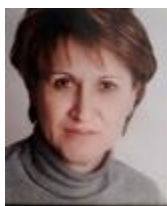
Scientists

Principal Investigator



Antonia Trichopoulou, MD, PhD
President, Hellenic Health Foundation, Athens, Greece
atrichopoulou@hhf-greece.gr

Key people



Anna Karakatsani, MD, PhD
Associate Professor of Pulmonary Medicine School of Medicine, University of Athens, Greece
a.karakatsani@hhf-greece.gr

Database Manager

Paschalis Thriskos, PhD
Hellenic Health Foundation, Athens, Greece
p.thriskos@hhf-greece.gr

Other key people

Elisavet Valanou, PhD
Hellenic Health Foundation, Athens, Greece
valanou@hhf-greece.gr

Georgia Martimianaki, MSc
Hellenic Health Foundation, Athens, Greece
g.martimianaki@hhf-greece.gr

Eleni Peppas
Hellenic Health Foundation, Athens, Greece
e.peppas@hhf-greece.gr

Sophia Brebou
Hellenic Health Foundation, Athens, Greece
sbrebou@hhf-greece.gr

Funding

Financial support is provided by:

- Bodossaki Foundation
- Hellenic Health Foundation
- Stavros Niarchos Foundation
- Lilian Boudouris Foundation
- J. F. Costopoulos Foundation
- Hellenic Ministry of Health
- Hellenic Ministry of Education
- Samourkas Foundation

Research Activities

- Studies on Mediterranean diet and longevity
- Dietary assessment methodologies
- Food intake and food patterns
- The role of dietary behaviour for risk of chronic diseases
- Studies on hip fracture
- Studies on Self-rated health
- Studies on biomarkers, genetic factors and chronic diseases

IARC, 150 Cours Albert Thomas, 69372 Lyon CEDEX 08, France - Tel: +33 (0)4 72 73 84

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